



Season  
2023-2024

# All Star Packet

#SmallGymBigHeart #CheerRageAllStars





# 2023-2024 All-Star Packet

## Welcome to Rage

Thank you for your interest in our Rage All-Star Cheer Program! We are looking forward to our upcoming season. We are located at 130 W. Lachapelle #B, San Antonio, Texas 78204.

We strongly believe that our success originates from the dedication and commitment of our athletes and their parents. Our goal is to develop the best squads possible, as well as to instill positive qualities, teach life lessons, and values that will serve our athletes for a lifetime. We take pride in our ability to focus specific attention on each individual athlete and his/her skills. We teach our athletes to excel in all aspects of competitive cheerleading. Rage participates in something called collaborative coaching where all our staff coach their specialty with each team.

We strive for our athletes to be self-driven and motivated to achieve their individual and team goals, and we do that through encouraging respectful behavior and positive attitudes. We have put together this information packet to hopefully address most questions and concerns. We ask that you not only read it but reach out to the program Director for answers to any questions you may have.

We look forward to you becoming a member of our Rage Family!

Olivia Dominguez, Owner 210-889-1515

Tanya Alexander, Program Director 210-404-5747

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## General Information

For tryouts, all athletes will be evaluated on their individual skills, as well as, their ability to either base, stunt, or fly. Our evaluations are not meant to be stressful! For those returning, we were evaluating you last season already. For those coming in, you will continue to be evaluated throughout the season. Tryouts are closed. These evaluations are used to assemble rosters and teams. This can be a tedious and complicated process. We need to consider many key elements in our decisions; placement decisions are made based on the need for well-rounded teams in every level. Just because an athlete has tumbling skills that are performed at a specific level, it does not mean that athlete will automatically be placed on that level team.

We also have a "fluid" roster; i.e., if there becomes a need for another athlete on a team for any reason, we will look to our current roster to see if that need can be fulfilled by moving someone up. We may also evaluate and place new athletes throughout the summer. Our teams are put together based on the skills of the athletes themselves. We ask that you trust in the process as we have many years' experience in putting together winning teams.

## Monetary Commitment

All-Star Cheer comes with a financial commitment in the form of uniform fees, tuition & gym fees, choreography fees, music fees, competition fees, and travel fees. We acknowledge the commitment it takes to allow your athlete(s) to compete at this level. As a small family-oriented gym, we do our best to keep this commitment as lean as possible. Auto draft is a requirement for tuition, package, and comp fee payments. Card on file will be charged on the due date indicated on your invoice. If auto draft is not enrolled, a \$330 deposit will be required. Tuition for All Stars begins May - April and will be billed at set rates based on your athlete(s) team placement. All Star package payments may be paid in payments with a coordinated schedule set by the gym. Competition fees are bulked together and broken up into equal payments to make budgeting easy. Registration includes: Rage reg, All Star reg, liability Insurance fee, all fees associated with the season.

### Monthly Tuition due before the 1st of the month:

**Tiny Team: \$105 monthly tuition & All Stars \$165 monthly tuition**

All Star Package 3-5 yrs (Tiny)		All Star Package 8-12 yrs (Novice)		All Star Package 6+ years (Prep)	
\$100	All Star Registration fee	\$100	All Star Registration fee	\$100	All Star Registration fee
\$150	Uniform	\$150	Uniform	\$250	Uniform
\$35	Competition Bow	\$60	Comp Bows (2)	\$60	Competition Bow (2)
\$150	Music/Choreo	\$250	Music/Choreo	\$250	Music/Choreo
\$25	Org Shirt	\$25	Org shirt	\$25	Org Shirt
\$170	Bling Practice Sets (2)	\$170	Bling Practice Sets (2)	\$170	Bling Practice Sets (2)
Total	\$630	Total	\$755	Total	\$855

April 1st is our All Star Tryouts for ages 7yrs+. Tryout fee of \$50 (non-refundable) is due which will be deducted from the cheer package total.

April 15th \$300 Package deposit due (cash only) and will also be deducted from the cheer package total.

Package Payment Breakdown (New Members):					
\$630	Ages 3-5yrs - Tiny Team	\$755	Ages 8-12 - All Star Novice	\$855	Ages 6yrs + - All Star (Prep/Elite)
-\$300	Package deposit due April 15	-\$300	Package deposit April 15	-\$50	Tryout Fee due April 1st
-\$82.50	Package payment due May 15	-\$113.75	Package payment May 15	-\$300	Package deposit April 15
-\$82.50	Package payment due June 15	-\$113.75	Package payment June 15	-\$126.25	Package payment May 15
-\$82.50	Package deposit due July 15	-\$113.75	Package payment July 15	-\$126.25	Package payment June 15
-\$82.50	Package deposit due Aug 15	-\$113.75	Package payment Aug 15	-\$126.25	Package payment July 15
				-\$126.25	Package payment Aug 15

Teams are attending an estimated 5-6 competitions this 23/24 Season. Competition dates and fees will be released mid summer once a competition list is completed (the estimated fee per comp is \$165 per comp & may be less expensive for our Show & Tiny teams). Competition payments will be set as follows: Sept 15th, Oct 15th, Nov 15th, Jan 15th, Feb 15th.



## Additional Fees

**Late Fee:** All Star season runs May - April. Monthly tuition is due between the 25th-1st. A \$25 late fee will be assessed on the day after your due date. Tuition is auto drafted each month. A late fee of \$25 may also be incurred by being late on the competition or All Star packet payments.

**Travel and Spectator Entrance Fees:** These costs are out-of-pocket. Weekend events usually have an entrance fee for the entire weekend. There are also daily parking fees for each event which can run as much as \$15.00 - \$20.00. For hotel accommodations, it's the family's responsibility to book early. Families can decide where to make their own reservations.

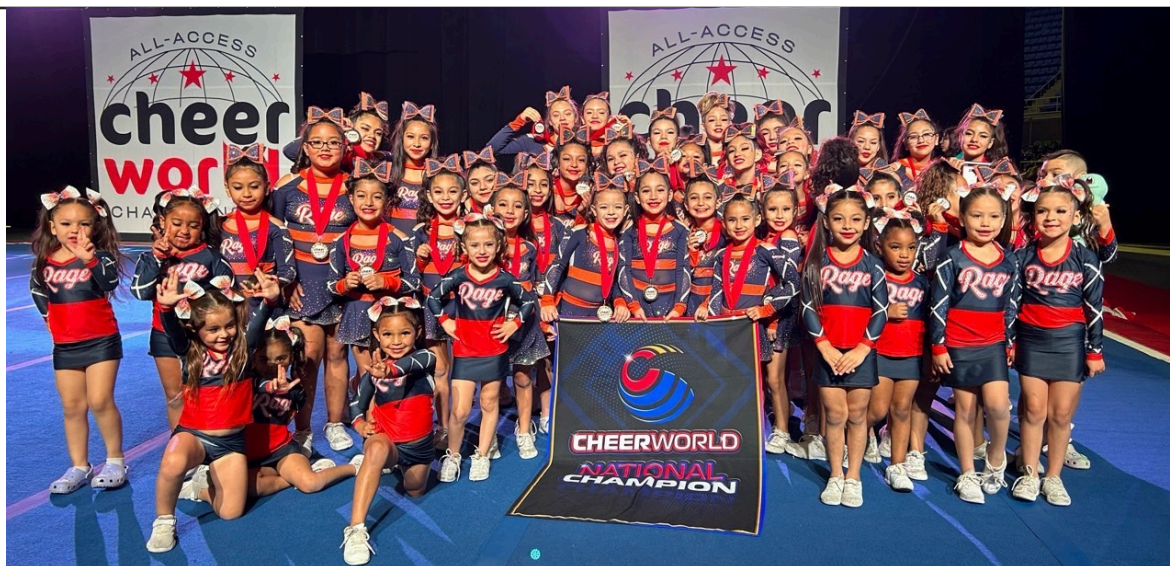
If we are required to register at a particular hotel, we will always announce it far in advance as reservations will need to be made well in advance of the actual competition date(s).

**EXIT FEE:** \$500.00. The upheaval caused by an athlete's departure at any point after the season begins, for whatever reason, starts a snowball effect that trickles throughout the entire Program which is not the best environment for our athletes who are working so hard to be the best that they can be! Should an athlete decide to leave the Rage All-Stars Program at any point after the first monthly tuition payment has been made, an Exit Fee must be paid and a formal Release signed. Any payments toward package and/or competition fee will be forfeited. Depending on the time of year an athlete may decide to leave the Program, USASF may also require a form release before that athlete can compete with another gym's program. NO FORM RELEASE WILL BE SIGNED FOR A TRANSFERRING ATHLETE IF THE EXIT FEE HAS NOT BEEN PAID.

NO REFUNDS OF ANY KIND CAN BE MADE TO AN ATHLETE LEAVING THE PROGRAM, WHETHER THAT ATHLETE IS TRANSFERRING TO ANOTHER GYM'S PROGRAM OR LEAVING ALL-STAR CHEER ENTIRELY. This includes specifically any payments made for uniforms, practice sets, organization shirt, or bows that may have been ordered but not yet received. This also includes registration, choreo and music fees, and/or competition fees (including coaches' fees) that have already come due and/or been paid.

This EXIT FEE applies to any athlete leaving the Program, whether they are transferring to another gym's program or leaving all-star cheer entirely. The reason for this fee is to protect advance payments already made on behalf of the athlete and/or the athlete's team (based on number of athletes).

If a uniform has been paid in full before the athlete leaves the Program and the uniforms have not yet been delivered to the Program by the vendor, the athlete has the choice of receiving the uniform and paying the \$500.00 Exit Fee, or the athlete may sign the uniform over to the Program and pay the remainder of the Exit Fee.





# Gym Policies & Procedure

**Material Agreement:** As a member of Cheer Rage All-Star Cheerleading Program, any material (cheers, chants, pyramids, partner stunts, transitions, dances, music, routines, etc.) may not be used or taught for any purpose, to anyone outside the CR All-Star Cheerleading Program. All material is owned by [Cheerrage.com](http://Cheerrage.com) Company, C.O. and may not be reproduced or taught in any manner without prior written consent from CheerRage.com Company, C.O. Anyone violating this agreement may be expelled immediately from the Cheer Rage All-Star Cheerleading Program.

**Uniform Agreement:** Any and all parts of the Cheer Rage All-Star Cheerleading Program uniform may only be worn during specific and official CR All-Star Cheerleading Program activities. The uniform may not be worn for any other activity without prior written consent from CheerRage.com Company, C.O. No part of the uniform may be loaned to any person that is not a current member of the program for any reason.

**Property Rights Agreement:** No CheerRage.com Company, C.O. or Cheer Rage All-Star Cheerleading Program related items may be sold without prior written consent from CheerRage.com Company, C.O. CheerRage.com Company solely owns the company name and it's entity, C.O. Any violation of this agreement may result in legal action.

**Outside Merchandise Sales Policy:** No spirit wear of any kind may be designed, purchased or distributed without prior written consent from Olivia Dominguez, Owner. All team t-shirts and spirit items may only be purchased through pre-approved vendors by Cheer Rage. This does not include snacks, cakes, cookies or consumable goodie bag items. In addition, no solicitation of any items while on Cheer Rage property will be allowed.

**Valuables in Gym:** It is not possible to monitor valuables brought into the Cheer Rage facility. Cheer Rage will not be responsible for any lost or stolen items. Please realize many items of jewelry, etc. come up missing in the gym every year. The best way to avoid this is to leave valuables at home or in the car. If you bring valuables into the gym you are doing so understanding the risk you are taking. Don't become a victim of lost valuables.

**Gym Practice:** All practices are mandatory: Any extra practice that is scheduled at least one week in advance must be attended by all team members.

**Absences:** THERE ARE NO EXCUSED ABSENCES FROM A COMPETITION. Every team member is expected to attend every competition. Any athlete that misses a competition may be removed from the program. In rare instances some teams may be required to compete on a Friday afternoon/evening for a National Competition, which may require some missed school time.

**Tumbling for All Stars:** There are no makeup days for lost tumbling days for All Star athletes. Instead, those hours are used for additional practices especially during competition time.

**Choreography:** Mandatory choreography is scheduled during the summer.

**Maintaining your spot on a team:** Our hope is that your season is great and goes according to plan. However, we do know "things happen" and we want you to know up front SOME of the ways your spot could become in jeopardy on your team: delinquent accounts, loss of skills/abilities, excessive absences, poor attitudes or injuries. If an injured athlete is replaced in a routine, they may or may not be worked back into the routine. This will be up to the staff.

**Outside Training:** As part of the Cheer Rage organization, all athlete training will be conducted by Cheer Rage. No outside training is permitted during the contractual season; including privates. The only exception made is when the athlete is required to train for their school's cheer program as a requirement.

As always, if you have any questions feel free to contact us.

## Code of Conduct Acknowledgement

Our hope is that your season is great and goes according to plan. However, we do know "things happen" and we want you to know up front SOME of the ways your spot could become in jeopardy on your team: delinquent accounts, loss of skills/abilities, excessive absences, poor attitudes or injuries. If an injured athlete is replaced in a routine, they may or may not be worked back into the routine. This will be up to the staff. As always, if you have any questions feel free to contact us.

- I will not be involved in any matter of disrespect towards any member of the Cheer Rage staff, team moms, parents or students.
- Anyone threatening to quit or pull their child from a squad may be dismissed from the program immediately. This program is built on trust, making statements like that will alter our trust.
- I understand that all athletes are required to wear the appropriate practice attire to every practice.
- I understand all classes/competitions/events will be posted and it is my responsibility to abide by mandatory practices/competitions/events.
- I understand the coaches reserve the right to suspend any athlete or parents' participation in activities at Cheer Rage All-Stars or at any Cheer Rage functions as disciplinary action.
- I will not design, purchase, distribute or sell any clothing, bows or other items without prior written consent from Olivia Dominguez. This includes team t-shirts and spirit items. This does not include snacks, cakes, cookies or consumable goodie bags.
- I will not participate in negative gossip or communications that adversely affect Cheer Rage All-Stars. This includes (but is not limited to) Facebook, Twitter, Instagram, Band, Group Me or any other websites/social media/messaging apps/forums.
- I will not post more than 20 seconds of Cheer Rage music, choreography, routines, stunts, etc. on any website.
- I will not hold or threaten to hold my child from practice or competition as a form of punishment.
- I will conduct myself with respect and integrity, displaying positive sportsmanship at all times.
- I understand all athletes at Cheer Rage are expected to arrive at practices and competitions/events on time, with a positive attitude, and give their best effort in every endeavor.
- I understand that the parent viewing area should be a positive atmosphere, and I may be prohibited from using the parent viewing area if I cannot maintain a positive attitude while there.
- I understand that my program fees are available in Parent Portal. Whether I login it or not, I am still obligated to make my payments on time. If my billing email address changes, or if I am not able to access Parent Portal, it is my responsibility to notify the Cheer Rage front office.
- I understand this is a commitment I am making. I will honor my commitment.
- I understand that if I quit or I am removed from the program, I will not be entitled to a refund of any kind. This includes all monies paid to Cheer Rage including prepaid expenses.
- Cheerleaders, parents, relatives and friends are never allowed to contact competition companies or their officials for any reason. Contact CR if you have questions or comments relating to competition companies or their officials.
- I understand athletes will not be allowed to walk out of Cheer Rage. I am required to either drive up to door or walk into gym at class dismissal for my athlete to be released.
- I understand it is my responsibility to notify Cheer Rage if my athlete is going to be picked up by anyone other than parents.
- Any damage to CR property, gym, and lobby areas will be charged to the responsible parent/guardian.

I understand and agree to this "Code of Conduct" throughout the 2023-2024 season:

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## Important Dates 2023/2024

### Summer Camps & Important Dates

Date	Day/Time	Event
April 24th	Monday 6:30-8:30pm	Practice Wear Sizing
May 12th	Monday 6:30-8:30pm	1st day of All Star Practice
June 3rd	Saturday - time TBA	Stunt Camp - All Stars Only
June 10th	Saturday - 5:30-7:30pm	Cheer Camp - Staff Fundraiser
TBA	Saturday - time TBA	Mandatory Choreo Day
TBA	Saturday - time TBA	Deep Stretch/ Jump/ Fly Camp - Open class*
Oct 14th	Saturday - time TBA	Rage Showoff
Nov 1st	Wednesday	Dia de los Muertos
Dec 18th	Monday 6:30-8:30pm	All Star Christmas Party
Feb 14th	Wednesday 6:30-8:30	All Star Valentines Party
April 5th	Friday 6:30-8:30pm	Rage Showcase
April	Saturday - time TBA	Cultural Arts Parade

### Gym closure dates - Holiday Schedule

Dates	Holiday:
May 29th	Memorial Day Weekend
July 4th	Independence Day
July 27th-30th	Coaches' Conference
Sept 2nd-4th	Labor Day
Oct 31st	Halloween
Nov 18th-26th	Thanksgiving Break
Dec 23-1st	Christmas & New Years Break
March 1st-4th	NCA - Wrath



# Acknowledgment Form

## Medical Release:

I, the parent or legal guardian of the above named athlete, do hereby permit the athlete to participate in gymnastics, tumbling, cheerleading or any other physical activities while at Cheer Rage (CR). By granting permission for athlete to participate in programs at CR, I assume full responsibility for athlete's personal safety and release CR, it's supervisors, and employees from any and all liabilities that may arise due to any injury including death to athlete by reason of athlete participation in any activity at CR or in which CR is participating elsewhere. I understand there is personal risk involved in any activity that involves motion, height or rotation and that these activities can result in serious injury, disability, or death. I declare athlete has been seen by a physician and is cleared to participate in physical activities such as gymnastics, cheerleading and tumbling.

**Image Release:** I authorize CR to use photographs, video and/or other likenesses of athlete for use in CR promotional materials or sales and waive any rights of compensation or ownership thereto including social media.

Parent Acknowledgement Form	
Athlete's First & Last Name:	
By signing below, I understand and accept all the company's Terms & Conditions.	
Form Name:	Parent's Initials
Tryout Information	
Financial Obligation	
Gym Policies & Procedures	
Code of Conduct	
Important Dates	
Medical Release	
Image Release	
Print Parent Name:	Date:
Parent Signature:	